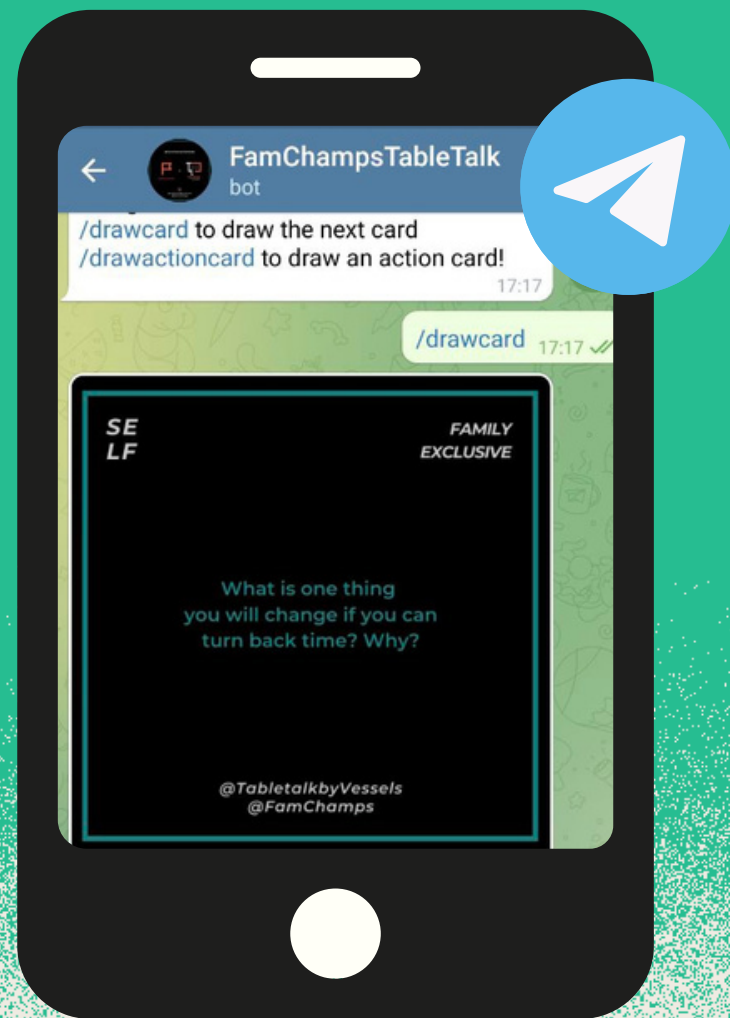


# FAMCHAMPS ON SECOND TALK

GIVE CONVERSATIONS WITH FAMILY A SECOND SHOT



## PLAY

a conversation game  
with family

VIA TELEGRAM BOT



## LEARN

about conversations through  
stories and tips from  
fellow youths

VIA INSTAGRAM



## DO

a survey to explore how  
familial relationships impact  
youth resilience and well-being

IN COLLABORATION  
WITH TABLETALK  
BY VESSELS

FEATURING TIKTOK  
SENSATION & SIBLING TRIO  
AFRO.SINGS

IN COLLABORATION WITH  
PSYCHOLOGY STUDENTS  
FROM TEMASEK POLYTECHNIC



This conversation game hopes to draw out fun and intentional questions to build understanding amongst family members



Youths can access the questions

via Telegram Bot  
[@FamChampsTableTalkBot](https://t.me/FamChampsTableTalkBot)



Conversation tips in infographics



3 IGTV videos of youth playing the conversation game with family members and sharing their personal stories and reflections

via IG [@famchamps](https://www.instagram.com/famchamps)

A first of its kind, this survey aims to:



Measure the state of youths' mental well-being in Singapore



Explore how familial bonds and significant social relationships can contribute to youth well-being and resilience



LAUNCH  
3 JULY



LAUNCH  
1 JULY



OPENS 2ND  
WEEK OF JULY



FIND OUT MORE

[FAMCHAMPS.SG/ONSECONDTALK](https://famchamps.sg/onsecondtalk)

Please email [Percy.Low@famchamps.sg](mailto:Percy.Low@famchamps.sg) if you would like your school/ community to participate in this survey.